

THANK YOU

Thank you for your donation to the American Lung Association.

Your generous donation will help the nearly one million people living in Washington state who suffer from lung disease. Your dollars are used to provide services that make breathing easier for children with asthma and for adults suffering from asthma, chronic obstructive pulmonary disease (COPD) and other tobacco related diseases.

Lung disease is the number three killer (behind heart disease and cancer) in the United States, killing nearly 400,000 Americans each year. The lung disease death rate has been continuously increasing while death rates due to other leading causes of death such as heart disease, cancer and stroke have been declining.

Asthma in Washington state

- About 400,000 Washington adults – one in ten women and one in fourteen men – currently have asthma
- About 120,000 Washington youth are currently affected by asthma
- Washington's asthma prevalence has been identified by the CDC as one of the highest in the nation – both adult and youth prevalence are significantly greater than national averages
- In total, asthma costs more than \$400 million every year in medical expenditures and lost productivity for the state
- Having asthma reduces quality of life, limits activities, and is associated with depression and suicidal thoughts among young people

With your generous support, The American Lung Association in Washington is "Fighting for Air" through research, education and advocacy. Thank you for joining with us to make it easier for all Washingtonians to breathe easier!

Do you have a question about lung health? Call the American Lung Association Lung HelpLine at 1-800-LUNGUSA to speak directly to a lung health professional.



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