

Could You Have *ASTHMA*?

Do you have **A**llergies?

Are you **S**hort of breath?

Is there **T**ightness in your chest?

Is it **H**ard to breathe while exercising?

Have you **M**issed work or school?

Are you **A**lways coughing?

If you answered yes to more than one of these questions, you may have asthma. Consult your health care provider.

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1-800-732-9339

1-800-LUNG USA